

# CURRICULUM VITAE

**DR OSIFO UYINMWEN CHARITY (MBBS<sup>[Benin]</sup>, M.Sc<sup>[Benin]</sup>, Ph.D<sup>[Benin]</sup>)**

*23 Isibor Street, Off Stadium Road, Benin City, Edo State, Nigeria*

## PERSONAL DATA

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<b>Nationality:</b>	Nigeria
<b>State of origin:</b>	Edo State
<b>Local Govt. Area:</b>	Oredo Local Government
<b>Place of birth:</b>	Benin City
<b>Date of birth:</b>	15 <sup>th</sup> March, 1969
<b>Sex:</b>	Male
<b>Marital status:</b>	Married
<b>Phone no:</b>	+2348038242130; +2348150943128
<b>Email:</b>	<a href="mailto:osifocharity@yahoo.co.uk">osifocharity@yahoo.co.uk</a>
<b>Google Search</b>	Osifo UC

## INSTITUTIONS ATTENDED WITH DATES

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<b>EZOTI PRIMARY SCHOOL BENIN CITY</b>	<b>1976 – 1982</b>
<b>ASORO GRAMMAR SCHOOL BENIN CITY</b>	<b>1982 – 1987</b>
<b>ORE-NOLOMI SECONDARY SCHOOL IGUOSODIN-NEBUDIN</b>	<b>1988</b>
<b>AMBROSE ALLI UNIVERSITY EKPOMA, EDO STATE</b>	<b>1995 – 2002</b>
<b>UNIVERSITY OF BENIN BENIN CITY, EDO STATE</b>	<b>2002 – 2005</b>
<b>UNIVERSITY OF BENIN BENIN CITY, EDO STATE</b>	<b>2011</b>

## QUALIFICATIONS OBTAINED WITH DATES

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<i>Ph.D in Physiology</i>	<b>2019</b>
<i>Masters of Science Degree (Physiology)</i>	<b>2011</b>
<i>Bachelor of Medicine and Bachelor of Surgery (MBBS) Degree</i>	<b>2005</b>
<i>West African School Certificate (WASC)</i>	<b>1988</b>

## CERTIFICATES OBTAINED WITH DATES

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<b>NATIONAL YOUTH SERVICE CORPS (NYSC)</b> <i>Certificate of Exemption</i>	<b>2005</b>
<b>INTERNATIONAL CENTRE FOR COMMUNICATION STUDIES</b> Advanced Digital Appreciation Programme for Tertiary Institutions Training <i>Certificate of Completion</i>	<b>2012</b>
<b>OPEN UNIVERSITIES AUSTRALIA (ON LINE COURSE)</b> <i>Certificate of Achievement in Food, Nutrition and Your Health</i>	<b>2013</b>

## ACADEMIC PROJECT/THESIS

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**Osifo UC. (2011). The effect of *Garcinia kola* on liver function in adult rabbits. A Project presented to the Department of Human Physiology, Faculty of Basic Medical Science, College of Medicine, University of Benin, Benin City. In partial fulfilment of the requirement for the award of a Masters of Science degree (M.Sc) in Human Physiology**

**Osifo UC. (2005). Health Hazard among workers in soft drink industries in Benin City, Nigeria. A Project presented to the Department of Medicine and Surgery, Faculty of Medical Science, College of Medicine, University of Benin, Benin City. In partial fulfilment of the requirement for the award of a bachelors of Medicine and Bachelor of Surgery (MBBS) degree**

## WORK EXPERIENCE AND DUTIES INVOLVED

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<b>HOUSE OFFICER</b> Irrua Specialist Teaching Hospital (ISTH) Irrua, Edo State	<b>2006 - 2007</b>
<b>MEDICAL OFFICER</b> Calvary Medical Center Ekpoma, Edo State	<b>2007</b>

**LECTURER** (Senior Lecturer)  
Department of Physiology,  
Faculty of Basic Medical Sciences,  
College of Medicine,  
Ambrose Alli University, Ekpoma.

**2015 till Date**

**Work Schedule**

1. Lectures the following courses at undergraduate level
  - a. Endocrinology and Reproduction Physiology
  - b. Special Topics in Endocrinology and Reproduction
  - c. Special Topics in Special Senses
  - d. Special topics in Blood and Body Fluid, and Renal Physiology
  - e. Physiology of Nerve and Muscle

Lectures the following courses at postgraduate level

- a. Endocrinology
  - b. Special topics in physiology
2. 200 Level course adviser
3. Supervision of Students seminars and thesis
4. Examination officer
5. Faculty Rep to Senate

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**MEMBERSHIP OF PROFESSIONAL BODIES**

**NIGERIA MEDICAL ASSOCIATION (NMA)**

*Member*

**PHYSIOLOGICAL SOCIETY OF NIGERIA (PSN)**

*Member*

**AMERICAN PHYSIOLOGICAL SOCIETY (APS)**

*Member*

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**ARTICLES/ PAPERS PRESENTED IN CONFERENCE**

**ORAL PRESENTATIONS**

1. Otamere HO, Akpamu U, **Osifo UC**. (2013). Impact of testosterone on indomethacin-induced peptic ulcer in female Sprague Dawley rats. *Article presented at the XXXIIIIRD Scientific conference of the Physiological Society of Nigeria (PSN), University of Ibadan, Ibadan, Nigeria.*

2. Omoroguiwa A, Inegbenebor U, Omoroguiwa IT, **Osifo C**, Ozor MO, Ekhaton CN. (2009). Spermatogenesis and testicular hyperthermic in Motorcyclist. *A presentation at the 2009 conference of Physiological Society of Nigeria.*

## POSTER PRESENTATIONS

1. **Osifo UC.**, Akpamu U., Shelu J. (2014). The effect of *Moringa oleifera* on testosterone level of adult male rabbits. *Poster presented at the IUPS Regional Teaching and Research Workshop and XXXIV<sup>TH</sup> Physiological Society of Nigeria (PSN), scientific conference, Lagos, Nigeria.*
2. Otamere, H.O., Akpamu, U., **Osifo UC**, Idehen I.C. (2013). Effect of post testosterone treatment on the gastric muscularis mucosae disruption induced by indomethacin in female Wistar rats. *Article presented at the XXXIII<sup>RD</sup> Scientific conference of the Physiological Society of Nigeria (PSN), University of Ibadan, Ibadan, Nigeria.*
3. Shelu JO, Okhia O, Ekhaton CN, Otamere HO, **Osifo UC.** (2013). The effect of stress on glucose metabolism and growth performance in Sprague Dawley rats. *Article presented at the XXXIII<sup>RD</sup> Scientific conference of the Physiological Society of Nigeria (PSN), University of Ibadan, Ibadan, Nigeria.*
4. Ernest-Nwoke I.O., Akpamu U., Ekhaton C.N., Idehen I.C. and **Osifo U.C.** (2014). Morphological study of the protective potential of vitamin C on indomethacin induced gastric ulcer in female rats. *Poster presented at the 33<sup>rd</sup> Scientific conference of the Physiological Society of Nigeria (PSN), Department of Physiology, University of Ibadan, Oyo State, Nigeria.*

## RESEARCH WORK

### PUBLISHED ARTICLES/ PAPERS

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#### AS FIRST AUTHOR

1. **Osifo UC**, Ozor MO, Akpamu U, Idehen IC. (2013). Some haematological parameters in rabbits treated with methanolic extract of *Garcinia kola*. *African Journal of Biomedical Research*; 16; 149 – 152.
2. **Osifo UC**, Ozor MO. (2013). The influence of age and body mass on male sexual function. *International Journal of Basic, Applied and Innovative Research*; 2(4): 62 – 65.
3. **Osifo UC**, Akpamu U, Idehen CI, Adisa WA, Azeke KE. (2012). The Effect of Chronic ingestion of Crude *Garcinia Kola* on the Histology of the Liver. *European Journal of Experimental Biology*. 2 (2):404-409
4. **Osifo UC**, Ezewanne EB, Ekhaton CN, Ozor MO. (2012). Assessment of some hepatic enzyme activities in adult rabbits chronically fed crude *garcinia kola*. *International Journal of Herbs and Pharmacological Research*. 1 (1). 1 – 6.

5. **Osifo UC**, Akpamu U, Otamere HO. and Ekhaton CN. (2011). A murine model study on the effect of *Garcinia kola* on body weight. *Archives of Applied Science Research*; 3 (5): 526 – 531.
6. **Osifo UC**, Akpamu U, Nwaopara AO, Iribhogbe OI, Igbinovia, EMS and Akpamu EG. (2010). Reproductive Health- Spouse and Peer discussion: Study amongst married men in Ekpoma, Nigeria. *Journal of Medical and Pharmaceutical Sciences*; Volume 6, Number 2. 39 – 44.

## AS CO-AUTHOR

1. Ekhaton CN, **Osifo UC**, Akpamu U. (2014). Effect of oral contraceptive pills (containing low doses of synthetic hormones) on liver function in adult female rabbits. *Asian Journal of Biotechnology*; 6 (1): 15 – 20.
2. Ozor MO, Iyamu OA. **Osifo UC**. (2014). Prevalence of under nutrition among under five year children in Ekpoma, Edo-Nigeria. *International Journal of Community Research*; 3(1): 34-38.
3. Izekor S, **Osifo UC**, Orhue PO, Momoh ARM, Airhomwanbo KO. (2014). Knowledge and practice of condom-usage among undergraduate students in Edo state, Nigeria. *International Journal of Community Research*; 3(1): 12-18.
4. Akpamu U, Owoyele VB., Ozor M, **Osifo UC**. (2013). Indomethacin-induced gastric ulcer: model in female Wistar rats. *International Journal of Basic, Applied and Innovative Research*; 2(4): 78 – 84.
5. Omeni AA, Otamere HO, Adisa WA, **Osifo UC**, Iyamu OA, Ediangbe AP, Akpamu U, Odiase DE. (2012). A comparative study on the role of endothelium in aortic vascular response to phenylephrine in normal and diabetic pregnancy. *European Journal of Experimental Biology*; 2 (6):1974-1979.
6. Nwaopara AO., Akpamu U., **Osifo UC**., Iribhogbe OI., Igbinovia ENS., Oyadogha GP. and Okhiai O. (2011). Reassessing the impact of family planning on polygamy (A case study of Ekpoma, Edo, Nigeria). *Journal of Advancement in Medical and Pharmaceutical Sciences*; 5(1): 10 – 17.
7. Akpamu U, Nwaopara AO, **Osifo UC**, Iribhogbe OI, Otamere HO, Igbinovia ENS, Okhiai O, Nwoke EO, Adisa AW and Ekhoeye EI. (2011). The Perceptions of an ideal family size among married men (A case study of Ekpoma - Nigeria). *Journal of science and Technology Research*, 10 (1): 78 - 83.
8. Iribhogbe OI, Akpamu U, Nwaopara AO, **Osifo UC**, Otamere HO, Okhiai O. (2011). Contraceptive choice amongst married men in Nigeria: Ekpoma as case study. *African Journal of Biomedical Research*; 14 (3):

9. Akpamu U, Nwaopara AO, Otamere HO, **Osifo UC**, Adisa AW, Okhiai O, Akpamu EG. (2011). Awareness of contraceptive methods amongst married male population of Ekpoma, Nigeria. *African Journal of Biomedical Research*; 14 (2): 131-135.
10. Akpamu U., Nwaopara AO., Izunya AM., Oaikhena GA., Okhiai O., Idonije BO., **Osifo UC**. (2011). A comparative study on weight changes in rats fed with diet containing *Yaji*, *Yaji-additives* and *Yaji-spices*. *Biology and Medicine*; 3 (5): 6 - 15.
11. Momoh, ARM., Idonije, BO., Nwoke, EO., **Osifo, UC.**, Okhai O, Omoroguiwa, A., Momoh, AA. (2011). Pathogenic bacteria-a probable cause of primary infertility among couples in Ekpoma. *J. Microbiol. Biotech. Res*; 1 (3): 66-71.
12. Akpamu U, Nwaopara AO, Izunya AM, Oaikhena GA, Okhiai O, Idonije BO, **Osifo UC**. (2011). A comparative study on the acute and chronic effect of oral administration of *Yaji* (A complex Nigerian Meat Sauce) on some hematological parameters. *British Journal of Pharmacology and Toxicology*, 2 (3): 108 – 112.
13. Adisa WA., Otamere HO., **Osifo UC.**, Idonije OB. Nwoke EO. (2010). Effects of Aqueous Extract of Kola Nut (*Cola Nitida Rubra*) on Reproductive Hormones in Rats. *Nigerian Journal of Physiological sciences*, 25 (2): 121-123.
14. Akpamu, U., Nwoke, E.O., **Osifo, U.C.**, Igbिनovia, E.M.S. and Adisa, A.W. (2010). Knowledge and acceptance of ‘vasectomy as a male method of contraception’ amongst literate married men in Ekpoma, Nigeria. *African Journal of Biomedical Research*; Vol. 13, No. 2; 153 – 156.
15. Akpamu U, **Osifo U.C**, Nwaopara, A.O, Iribhogbe, O.I, Nwoke E.O, Okhiai, O. (2009). Source of information on family planning among married men in Ekpoma, Edo State, Nigeria. *Global Journal of medical Science*; 9 (1 and 2) 1 – 5.
16. Nwaopara AO, Akpamu U, Iribhogbe OI, **Osifo UC**, Otamere H and Akhidenor RI (2009). The phenomenon of apathy to family planning: A case study amongst married men in Ekpoma, Nigeria. *Journal of Advancement in Medical and Pharmaceutical Sciences*; Volume 3, Number 1. 43 – 47.
17. Adisa W.A., Otamere H.O., Nwaopara A.O., Igbिनovia E.N.S. **Osifo C.** (2009). The effect of coffee on blood pressure and heart rate amongst young Nigerian adults. *Journal of Applied and Basic Sciences*; 5 (1 and 2): 41 – 44.
18. Omorogiuwa A., Ezenwanne EB., **Osifo C.**, Ozor OM. and Ekhaton NC. (2009). Comparative study on risk factors for hypertension in a University setting in Southern Nigeria. *International Journal of Biomedical and Health Sciences*; 5 (2): 103 – 107.
19. Momoh ARM., Odike MAC., Omorogbe FLO., Emodi JE., Iribhogbe OI., **Osifo CU.**, Okolo PO., Momoh AA., Samuel SO. and Owolabi O. (2009). The microbial profile of

septic abortion among women who procured illegal abortion in Ekpoma, Nigeria. *Annals of Rural and Sub-Urban Medicine*; 2(2): 1-5.

20. Momoh ARM., Momoh AA., Okolo PO., **Osifo CU.**, Ehiane PJE., Olagboye JA. and Owolabi O. (2008). Comparison of the invitro activity of some selected antibiotic against bacterial isolates from wound swabs. *Annals of Irrua Medicine*;

## ONGOING RESEARCH

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Variation in testosterone cortisol ratio (anabolic catabolic ratio) in rats chronically fed various diet combinations.

## REVIEWER

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### **Antonio Research Publications**

- a. *International Journal of Basic Applied and Innovative Research*
- b. *International Journal of Community Research*
- c. *International Journal of Herbs and Pharmacological Research*

## ADMINISTRATIVE RESPONSIBILITIES

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**Coordinator of Student Seminar Presentation** 2014

### **Serve as member in the following Committees and capacities**

1. Rep. Faculty of Basic Medical Sciences to Faculty of Natural Science 2013/2014
2. Member; Senate Business committee

## SKILLS AND COMPETENCES

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- Good interpersonal, communication and corporation skills.
- A good team player with strong analytical mind.
- Ability to work with little or no supervision.
- Ability to work with available resources.
- Effective use of initiative, physical and mental alertness.
- Highly motivated and have the exceptional ability to deliver in time.

## HOBBIES

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Reading, Writing, Researching, Listening to music,



## REFERENCES

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**Prof. F.O. Okogbo, FWACS**

Provost,  
College of Medicine,  
Ambrose Alli University,  
Ekpoma,  
Edo State

**Dr. Ute Inegbenebor, FWACS**

Ass. Prof.  
Department of Physiology  
Faculty of Basic Medical Sciences  
College of Medicine,  
Ambrose Alli University,  
Ekpoma,  
Edo State

**Prof. Kpolugbo (FNMC)**

General Surgeon,  
Department of Surgery  
Irrua Specialist Teaching Hospital (ISTH)  
Irrua  
Edo State