

UTE INEGBENEBOR, MBBS (Ibadan), FWACS; MBA, M. Sc., MPH, Ph. D (Benin) Ph.D. (UCN)

Phone: 2348055810389 e-mail: druteinegbenebor@yahoo.com

Dr. Ute Inegbenebor is a consultant obstetrician/gynecologist with doctorate degrees in human physiology and Health Education. He is a senior academic with the department of Human physiology, College of medicine, Ambrose Alli University, Ekpoma, Nigeria. He is a medical graduate of the University of Ibadan and a fellow of the West African College of Surgeons. He holds postgraduate academic degrees in Physiology, Public Health and Business Administration of the University of Benin, Nigeria and in Health Education from the University of Central Nicaragua. He is a trained manager of human and material resources and has occupied several administrative positions at executive and board levels including Vice President of medical Associations, Head of University department, Dean of a University Faculty, Medical director of state tertiary hospital and Board director of state hospital services and federal tertiary hospital. He is a member of the Nigerian Medical Association (NMA), Society of Obstetricians and Gynecologists of Nigeria (SOGON) and Physiological Society of Nigeria (PSN). He is a two time USAID scholar. He is married with four children.

FULL NAME: INEGBENEBOR, Ute

Nationality: Nigerian

PLACE AND DATE OF BIRTH: Uromi; 6 June, 1958

GENDER: Male

LOCAL GOVERNMENT AND STATE OF ORIGIN: Esan North East LGA, Edo State

MARITAL STATUS: Married

NUMBER OF CHILDREN WITH THEIR AGES: four (4) aged 26, 10, 7 and 6 year(s) (last birth day)

SCHOOLS ATTENDED WITH ACADEMIC/PROFESSIONAL QUALIFICATIONS OBTAINED WITH DATES

Department of Health Education

Texila American University

Georgetown, Guyana

In collaboration with

University of Central Nicaragua, Nicaragua. 2013-2016 Ph. D (2019)

Dept. of Physiology

University of Benin, Benin City 2012-2016 Ph. D (2016)

Dept. of Community Health

University of Benin, Benin City, 2002-2008 MPH (2010)

Dept. of Physiology

University of Benin, Benin City, 2005-2006 M.Sc. Physiology (2008)

Dept. of Business Administration

University of Benin, Benin City, 1999-2001 MBA (2003)

Dept. of Obstetrics/Gynecology

West African Postgraduate Medical

College, Lagos 1992-2000 FWACS (2001)

College of Medicine,

University of Ibadan, Ibadan 1975-1981 MBBS (1981)

Annunciation College, Irrua,

Edo State, 1970-1974 WASC (1974)

St. Marks (RCM) School, Benin City,

Edo State 1968-1969 FSLC (1969)

L. A. School, Ubierumu, Uromi,

Edo State 1964-1967

CERTIFICATES

USAID/JOHN HOPKINS	2006	Certificate in Strategic Leadership and Good Governance
USAID/Management Sciences for Health	2006	Certificate in Proposal Development and Resource Mobilization

PRESENT EMPLOYMENT AND POST WITH DATES

Associate Professor/Reader

Dept of Physiology

Ambrose Alli University, Ekpoma, Nigeria

Oct. 2009 to date

PREVIOUS EMPLOYMENTS INDICATING POST AND DATES

Senior Lecturer

Dept of Physiology

Ambrose Alli University, Ekpoma

April 2003-Sept 2009

Consultant Obstetrician and Gynecologist,

Central Hospital, Benin

June 2002 to April 2003

Consultant Obstetrician/Gynecologist

Central Hospital, Uromi

June 2001 to June 2002

Senior Registrar,

Central Hospital, Benin

April 1996 to Oct. 2000

Registrar,

Central Hospital, Benin

Sept. 1992 to April 1996

Senior Medical Officer,

St Mary's Catholic Hospital, Eleta, Ibadan

Mar. 1991 to May 1992

Medical Superintendent

Nebor Clinic and Maternity, Benin

April 1986 to Feb. 1991

Medical Officer,

Health Centre, Ambrose Alli University, Ekpoma

Nov. 1983 to April 1986

Medical Officer (NYSC),

St Camillus Hospital, Uromi

Dec. 1982 to Dec. 1983

House Officer,

Central Hospital, Benin

Oct. 1981 to Oct. 1982.

MANAGEMENT AND ADMINISTRATIVE POSITIONS HELD WITH DATES

Acting Dean

Faculty of Basic Medical Sciences

Ambrose Alli University, Ekpoma

Dec. 2014 to Nov 201

First Vice President

National Association of Doctors in University Service

Ambrose Alli University, Ekpoma

Jan. 2010 to May, 2011

First Member, Board of Directors

Hospitals Management Board

Edo State, Nigeria

May 2008 to Nov. 2008

Vice President

Nigerian Medical Association

Edo North, Edo State

Nov. 2005 to Dec. 2009

Head, Department of Physiology

Ambrose Alli University, Ekpoma

April 2003 to Dec 2009;

February 2018 to August 2018

Medical Director

Central Hospital, Uromi

June 2001-June 2002

First Member, Board of Directors,

Oct. 2000 to Sept 2004

University College Hospital,

Ibadan.

RESEARCH AND PUBLICATIONS WITH DATES

1. **Inegbenebor, U.**, Ebomoyi, M.I, Onyia, K.A, Amadi, K, Aigbiremolen, A.E. Effect of Alligator Pepper (Zingiberaceae Aframomum meligueta) on Gestational Weight Gain. In Nigerian Journal of Physiological Sciences. 2009; 24 (2): 165-169. PMID: 20234759
2. **Inegbenebor, U.**, Ebomoyi, M. Prenatal Nutrition and Fetal Macrosomia in Medically Underserved Areas. Journal of Nutritional Therapeutics. 2012; 1(1):91-95
3. **Inegbenebor, U.** Can Fetal Macrosomia be Prevented? International Journal of Basic Applied and Innovative Research.. 2013; 2(3):46-50
4. **Inegbenebor U.**, Ebomoyi, M. Cellular Mechanisms of Alligator Pepper (Zingiberaceae Aframomum melegueta for Specific Protection against Fetal Macrosomia. Journal of Nutritional Therapeutics. 2014; 3(1): 13-17
5. **Inegbenebor U.**, Ebomoyi, M. Cellular Mechanisms of Alligator Pepper (Zingiberaceae Aframomum melegueta for Specific Protection against Preeclampsia. Journal of Nutritional Therapeutics. 2014; 3(1): 26-30
6. **Inegbenebor, U.** and Eghonmwanre, F. I. Effect of Alligator Pepper on Litter weight of Rats Fed on High Glycemic Index Diet. Food and Nutrition Sciences. 8:793-800. DOI: 10.4236/fns.2017.88056 .
7. **Inegbenebor, U.**, Ebomoyi, M.I, Onyia, K. A, Amadi, K., Aigbiremolen, A.E. Effect of Alligator Pepper (Zingiberaceae Aframomum meligueta) on First Trimester Pregnancy in Sprague Dawley Rats. In Nigerian Journal of Physiological Sciences. 2009; 24(2):161-164. PMID: 20234758
8. **Inegbenebor, U.**, Ebomoyi, M. Effect of saline extract of Alligator pepper (Zingiberaceae Aframomum melegueta on serum progesterone in pregnant Sprague Dawley rats. International Journal of Herbs and Phamacological Research. 2014; 3(3):46-51

9. **Inegbenebor, U.**, Ebomoyi, M. I., Obika, L. F. O. Determining the Physiological Basis of the Effects of Alligator Pepper in Pregnant Sprague Dawley Rats. *Jacob's Journal of Plant Biology*. 2016. 1(1):1-7
10. **Inegbenebor, U.**, Amadi, K., Ebomoyi, M.i., Onyia, K.A. Abortifacient properties of Alligator pepper (*Aframomum melegueta*) seeds. *Journal of Pharmacy and Bioresources*. 2009; 6(2):pp unpagged
11. **Inegbenebor, U.**, Ebomoyi, M. I. Andropause: Can it be properly diagnosed? *Journal of Medicine and Medical Sciences*. 2010; Vol. 1(12): 557-559
12. **Inegbenebor, U.** Sudden Cardiac Death: Pathophysiology and Evidence Based Intervention Strategy. *International Journal of Basic Applied and Innovative Research*. 2013; 2(4):73-77
13. **Inegbenebor, U.** and Ekpo, K.E. Reliability of blood pressure measurements in public hospitals: a case report. *Journal of Medicine and Medical Sciences*. 2011; 2(2):666-669
14. Amadi, K. and **Inegbenebor, U.** Dose and Time-related Abortifacience of Alligator pepper (*Aframomun melegueta*). *Nigerian Journal of Botany*. 2010; 23(1):115-121
15. Unuebho, A. and **Inegbenebor, U.** Effect of aqueous extract of alligator pepper (*Aframomum melegueta*) on serum electrolytes. *International Journal of Herbs and Pharmacological Research*. 2015; 4(1):2-6
16. Ehiagwina, E. and **Inegbenebor, U.** Effect of Aqueous Extract of Alligator pepper on the Litter size of Alloxan Induced Diabetic Rats. *International Journal of Community Rresearch*. 2016; 5(3): 90 - 94
17. Omorogiuwa, A., **Inegbenebor, U.**, Ekhaton, C. N., Osifo, U. C., Ozor, M., Omorogiuwa, I.K. Spermatogenesis and Testicular Heat in Motorcyclists in Benin, Nigeria. *Nigerian Biomedical Science Journal*. 2009; 5(2):38-40
18. Okogun, G. R. A. and **Inegbenebor, U.** Serum Alkaline Phosphatase levels in Pregnancy. *Journal of Applied and Basic Sciences*. 2006; 4:62-66

19. Oriaghan, E.A., **Inegbenebor, U**, Shelu, O.J, Obhimon, O., Idonor, E.O., Ekhoye, I. The Effect of Monosodium Glutamate (MSG) on Blood Glucose in Adult Rabbits as Models. *International Journal of Basic Applied and Innovative Research*.. 2012; 1(1):10-18

20. Ekpo, K.E, **Inegbenebor, U.**, Prohp, T. P, Igboalusi, N. Precaution in the use of Extracts of Pride of Barbados. *Nigerian Annals of natural Sciences*.2010; 10(1):48-52

21. Okojie, A. K. Nwaokpara A.O. **Ute Inegbenebor**. Seasonal Variation of Blood Pressure in First pregnancies. *Journal of Medical and Pharmaceutical Sciences*. 2008; 4(1):1-4

22. Okojie, A.K, Dibie, D.C. **Inegbenebor, U**. Pathophysiological Implications of Obesity and its Relationship with Diabetes Mellitus. In: *journal of Advancement in Medical and Pharmaceutical Sciences*. 2008; 2(4): 16-18

23. Cordilia I. O, Jacinta O. N,, Juliet A. O,, Eghosa I. E., **Inegbenebor U**. Maternal body mass index and its implication on birth weight: A retrospective study. *Niger J Exp Clin Biosci* 2018: 6:37-41.

24. Nwaopara, A.O, Odike, M.A.O, **Inegbenebor, U.**, Adoye, M.I. The Combined Effects of Excessive Consumption of Ginger, Clove, Red Pepper and Black Pepper on the Histology of the Liver. *Pakistan Journal of Nutrition*. 2007; 6 (6) 524-527

25. Nwaopara, A .O., Odike, M. A. O., **Inegbenebor, U.**, S. O. Nwaopara and G. I. Ewere. A Comparative Study on the Effects of Excessive of Ginger, Clove, Red Pepper and Black Pepper on the Histology of the Kidney. *Pakistan Journal of Nutrition*. 2008; 7 (2): 287-291

26. Nwaopara, A .O., Odike, M. A. O., **Inegbenebor, U.**, Nwaopara, S.O and Ekhoye, E. I. A. Comparative Study on the Effects of Excessive Consumption of Ginger, Clove, Red Pepper and Black Pepper on the Histology of the Heart. *Electron J Biomed* 2008; 3:61-64

27. Otamere, H. O., Isabu, P. A., **Inegbenebor, U.**, Nwaokpara, A.O, Igbinovia, E.N.S., Momoh, A.R.N., Ekhalaiye, B. Awareness and Acceptance of Vasectomy amongst Married Male Population in Ekpoma. *Achives of Clinical Medicine*. 2008; 2:39-45

28. Inegbedion, A.O, Eriyamrenu, Prohp t.p, **Inegbenebor, U**, Okoro, I.O, Osagie, R.O. Biochemical observations in rats fed with cycads, Nigerian-like and western-like folic acid supplemented Diet. African Journal of Biotechnology. 2011; 10(41): 8101-8106
29. Prohp, T. P, Madusha, A. O, Onoagbe, I. O, **Inegbenebor, U** and Okoli, R.I. Effects of Aqueous Leaf Extract of Pride of Barbados (*Caesalpinia pulcherrima*) on the Activities of Some Liver Function Enzymes and Blood Glucose Concentration in Normal Rabbits. Pakistan Journal of Nutrition. 2006; 5 (5): 410-413
30. Iribhogbe O. I, Aigbiremolen A;, Akpamu U, Emordi J. E, **Inegbenebor, U** Nwoke E. O. Antioxidants and Hematological Profile In Pregnancy. Stem Cell, 2010;1(3):27-33
31. **Inegbenebor, U**, Prohp T.P. Omage, K. Diagnostic Validity of Urinalysis in Nigerian Diabetics. In: Journal of Applied and Basic Sciences. 2006; 4: 53-57
32. **Inegbenebor U**. Plastibell device induced strangulation of the glans penis. Case Study Case Rep. 2011; 1(2): 48 – 52.
33. **Inegbenebor U**, Okosun J. Identifying maternal nutritional risk factors associated with fetal macrosomia in Nigeria. Obstet Gynecol Int J. 2019;10(3):185–190. DOI: 10.15406/ogij.2019.10.00441
34. **Inegbenebor, U**. Determination of the Intervention Strategies for the Prevention of Fetal Macrosomia Dependent Cesarean Sections in Nigeria. American Journal of Public Health Research, vol. 5, no. 3 (2017): 56-62. doi: 10.12691/ajphr-5-3-2.
35. **Inegbenebor, U**. Conceptual model for the prevention of maternal mortality in Nigeria Tropical doctor. 2007; 2(37):104-106. PMID: 17540095
36. **Inegbenebor, U**. Conceptualizing and Implementing the Fifth Millennium Development Goal through the Midwives Service Scheme. South American Journal of Public Health. 2013; 1(1):23-27

37. **Inegbenebor, U.** Bridging the Gap between Concepts and Reality in the Nigerian Midwives Service Scheme. *International Journal of Community Research*.2013;
38. **Inegbenebor, U.**, Omuemu, V., Aigbokhai, A. Utilization pattern of maternal health in the prevention of mother to child transmission of HIV/AIDS in Nigeria. *International Journal of Basic Applied and Innovative Research*. 2010; 1(2):39-42
39. **Inegbenebor, U.** Modifying Health Behavior in a Legal Environment. *South American Journal of Public Health*. 2013; 1(1): 19-22
40. **Inegbenebor, U.** Communication Strategies for Marketing Health Products and Services. *South American Journal of Public Health*. 2014; 2(1):
41. **Inegbenebor, U.**, Okosun, J, Inegbenebor, J. Prevention of Lassa fever in Nigeria. *Trans R. Soc Trop Med Hyg*, 2010; 4(1):51-54 PMID: 197129548.
42. **Inegbenebor, U.** Determining Relevant Areas of Research in maternal health education in Nigeria. *International Journal of Public Health Research*. 2014; 2(5):54-58
43. **Inegbenebor, U.** The Alma Ata Declaration and the 10/90 paradox in global health resources utilization. *Medicine Journal*. 2014; 1(5):38-42
44. **Inegbenebor, U.** Enhancing academic development through school health education and promotion. *International Journal of Education Research and Information Science*. 2014; 1(4):48-52
45. **Inegbenebor, U.** Optimizing Academic prospects through behavioral modification in higher academic institutions in Nigeria. *American Journal of Psychology and Behavioral Sciences*. 2014; 1(5):48-51

46. **Inegbenebor, U.** and B. A. Agboninfeh. Complaint Management in Nigerian Public Hospitals. In: Journal of Applied and Basic Sciences. 2006; 4:76-81

47. **Inegbenebor, U.** Analyzing and Interpreting Research in Health Education. International Journal of Basic Applied and Innovative Research. 2013; 2(4):125-130

48. **Inegbenebor, U.** Management of Unwanted pregnancy in Nigerian Adolescents. Journal of Applied and Basic Sciences. 2006; 4: 43-47.

Chapter in a Book

1. **Ute Inegbenebor** (2012). Lassa fever in the Tropics, Current Topics in Tropical Medicine, Dr. Alfonso Rodriguez-Morales (Ed.), ISBN: 978-953-51-0274-8, InTech, Available from: <http://www.intechopen.com/books/current-topics-in-tropical-medicine/lassa-fever-in-the-tropics>

BOOKS

1. **Inegbenebor, U.** Windows of Endocrinology & Reproduction. First Edition. Ephphatha Publishers. Ekpoma. 2008; 1-186. ISBN 978-978-084-718-8
2. **Inegbenebor, U.** Physiological Basis of the Effects of Alligator Pepper on Pregnancy. LAP LAMBERT Academic Publishing. Balti. 2017; 1-193. ISBN 978-3-330-32305-6

CONFERENCE PAPERS

1. **Inegbenebor, U.** (Invited International Speaker) Effect of Aqueous Extract of Alligator pepper on Gestational Weight Gain. Najing International Forum on Pharmaceutical, Nutraceutical and Biotechnology. EPS. 20-22 September 2011
2. Omorogiuwa, A., **Inegbenebor, U.**, Ekhaton, C. N., Osifo, U. C., Ozor, M., Omorogiuwa, I.K. Spermatogenesis profile in Motorcycle Riders in Benin City. Presented at the Physiological Society of Nigeria XXIXth annual I/scientific conference on 10-12 June, 200
3. Onyebuagu, P.C, Aloamaka, C.P. **Inegbenebor, U.** Nwokocha, C. Sources of calcium ions for vascular smooth muscle contraction in pregnancy. Presented at the Physiological Society of Nigeria XXIVth annual scientific conference on 16-17 September, 2004.
4. Onyebuagu, P.C, Aloamaka, C.P. **Inegbenebor, U.** Nwokocha, C. Contractile response to phenylalanine in pregnancy: Caution in data interpretation. Presented at the Physiological Society of Nigeria XXIVth annual scientific conference on 16-17 September, 2004

NAMES AND ADDRESSES OF THREE (3) REFEREES

1. Dr. Clement Nosa Ekhator

Department of Physiology
College of Medicine
Ambrose Alli University, Edo State
Edo State, Nigeria

2. Prof. L. F. O. Obika

Department of Physiology
School of Basic Medical Sciences
College of Medical Sciences
University of Benin
Benin City, Nigeria
Email address: lfoozy@yahoo.com
Phone: +234 803 720 1979

3. Prof Tony Nwaopara

Department of Anatomy
Basic Medical Sciences,
University of Medical Sciences
Ondo State, Nigeria
Email- nwaoparaao@yahoo.com
Phone: +234 803 744 1401



DR UTE INEGBENEBOR